**What does PE look like in our school?**

***What does it mean to be an athlete at St Mary's?***

At St Mary's we view PE as integral to the physical health and mental wellbeing of our children. We know that children who are more physically active are more able to learn across the curriculum. We set the foundation for living a healthy and active lifestyle that will remain with the children throughout their lives. We take part in competitive games and inter-school tournaments to build resilience and to embed the values of fairness and respect. We celebrate the sporting achievements of our pupils alongside the effort that all pupils demonstrate. We run lunchtime sports activities led by our dedicated Sports Leader to enhance our lunchtime provision.

| Our Curriculum and High Quality Resources | |
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| **EYFS** | In Reception we have a weekly PE lesson to develop their fundamental movement and ball skills. We play team games which involve turn taking to develop their self confidence, resilience, speaking and listening skills.<br>Throughout the day children have free flow access to our courtyard where they can choose activities to develop their gross motor skills and negotiate space such as large scale construction and building obstacle courses. |
| **KS1** | We follow Get Set 4 PE for our twice weekly PE lessons. Our units run for half a term each and include fundamental movement, gymnastics, dance, athletics, ball skills, team games and yoga. |
| **KS2** | In KS2 we build upon the skills learnt in KS1 in gymnastics, dance, invasion games, athletics. We start swimming lessons in Year 4 which run for a whole term. We learn the rules |

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| | of a wide range of sports including tennis, football, basketball, dodgeball, handball, rounders and tag rugby. |

***At St Mary's we are STARS:***

**SAFE-** We teach children how to engage in sports safely both for themselves and others.

**TRY-** We value and recognise the effort that all pupils put into their PE lessons and provide opportunities for all children to participate in competitions, regardless of ability.

**ASPIRE-** We celebrate national and international sporting events and highlight inspirational athletes so children have role models to inspire them.

**RESPECT-**. We promote respect as the number one value in PE. Respect for yourself, respect for your teammates and respect for competitors.

***Feedback and Assessment***

Children receive precise and positive verbal feedback regarding their skills, participation and sporting conduct and next steps where applicable.

| Assessment and Tracking Progress | |
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| **EYFS** | Pupils are assessed upon entry to our Reception class and then assessed every term using Development Matters to plan for their next steps. They are assessed using the Early Years Curriculum at the end of the Reception Year to see if they are working towards or at the Early Learning Goal. |
| **KS1 and KS2** | In KS1 and KS2 we assess children after every unit to see who is working towards and working at the national expected level. We also identify children who are working at greater depth in PE. We use this formative assessment to inform the next steps for children with a particular focus on SEND and disadvantaged pupils. This information is passed on to the next teacher to ensure progression across the year groups. |

***Provision for those children who need additional support***

PE at St Mary's is inclusive and we value every child for the progress that they make and the effort that they put in. Some children may

require some additional support and this can be provided through in class scaffolding, extra curricular provision, one to one adult support and coaching and the use of STTEP provision. All children will have the opportunity to take part in at least one sporting activity to represent our school.